

FALL PROTECTION

PLAN THE WORK. PROTECT THE EDGE. STAY CONNECTED.

Falls can happen in seconds. Identify every unprotected edge, opening, elevated surface, and access point before anyone leaves the ground.

COMMON HAZARDS

- Unprotected edges, floor holes, and skylights
- Missing, damaged, or incomplete guardrails
- Incorrect anchor points or incompatible connectors
- Uninspected harnesses, lanyards, and lifelines
- Working above others without falling-object controls
- No prompt rescue plan after a fall

THE COMMON-SENSE CHECK

- 1 Where can someone fall?
- 2 Can the fall hazard be eliminated or guarded?
- 3 Is the selected system correct for this task?
- 4 Has every component been inspected?
- 5 How will we rescue a suspended worker?

CONTROL THE EXPOSURE

ELIMINATE

Perform the task from the ground.

PREVENT

Use covers, rails, or restraint.

ARREST

Use an approved PFAS when required.

RESCUE

Plan recovery before work begins.

ASK THE CREW

1. Where are today's fall exposures and openings?
2. Which protection system will we use at each location?
3. Who inspected the equipment and reviewed the rescue plan?

DATE: _____ SUPERVISOR: _____

CREW / LOCATION: _____