

PORTABLE LADDER SAFETY

WORKING AT HEIGHT | THINK AHEAD. CONTROL THE HAZARD. PROTECT THE CREW.

Today we are discussing portable ladder safety. Review the job, identify the specific exposure, and agree on the controls before work begins.

COMMON HAZARDS AND SAFEGUARDS

- Select the correct ladder type and length
- Inspect rails, rungs, feet, labels, and hardware
- Set the ladder on a firm, level surface
- Secure it and maintain three points of contact
- Keep the body between the rails
- Do not use metal ladders near electrical hazards

THE COMMON-SENSE CHECK

- 1 What can go wrong during portable ladder safety?
- 2 Which of today's conditions increases the risk?
- 3 Are isolation, permits, and equipment verified?
- 4 Does everyone understand the controls and limits?
- 5 What will make us stop, withdraw, or raise the alarm?

CONTROL THE EXPOSURE

PLAN

Select the correct ladder type and length

VERIFY

Inspect rails, rungs, feet, labels, and hardware

CONTROL

Set the ladder on a firm, level surface

RESPOND

Do not use metal ladders near electrical hazards

ASK THE CREW

1. Where could this hazard affect us during today's work?

2. Which control must be verified before we begin?

3. What condition requires us to stop work or evacuate?

DATE: _____ SUPERVISOR: _____ CREW / LOCATION: _____